

Trekking el Camino de Santiago: Experiencing the Meaning of Pilgrimage

May Term 2018

May 13, 2018 to June 8, 2018

BUSI, COMM, ENVI, HON, SPAN

(This syllabus is subject to change)



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Course Description

This course offers a broad perspective on the social, economic, linguistic, cultural, environmental, and historic context of the road to Santiago (El Camino de Santiago) and on the idea of pilgrimage itself. The route takes us along El Camino Francés from Saint Jane de Pied de Port (on the border with France) to Santiago de Compostela in Galicia, Spain, a site sacred to Christians since the middle ages, and presently trekked by thousands for religious and nonreligious reasons. Then, once we have finished walking the Camino (around 500 miles), we will continue by bus and visit medieval fishers and mercantile villages that will bring us to Finisterre and A Coruña on the Atlantic coast.

The physical challenge of pilgrimage is a catalyst for personal and academic growth. The cultural and linguistic immersion will deepen fluency in Spanish and appreciation of Spanish culture, mercantile history, and literature of medieval and modern pilgrimages. The environmental communication focus will help students understand the impacts of mass tourism on the natural world and explore environmental issues impacting this region of Spain. The course will also explore how these environmental concerns are communicated in different media to different audiences. The Camino also provides students an opportunity to explore the mindset of the entrepreneur, a journey that is parallel to the many emotional and mental challenges experienced by the average pilgrim on the Camino. Entrepreneurial success is often predicated on an individual's ability to successfully overcome emotional and mental obstacles and press on until business goals are achieved. On the The Camino, students will learn to press on despite the emotion and mental challenges that they may experience.

The Camino is a 790-kilometer museum surrounded by a vibrant living community, drawing people from diverse places, backgrounds and mindsets. Participants will learn about pilgrimage by becoming pilgrims. This course is physically challenging and participants must be prepared to walk 12 to 18 miles on most days. For almost 4 weeks, we will live a simple life, carry what we need on our backs, sleep in simple quarters called *albergues*, and experience the Spanish countryside and the incredible people of Spain. We will have experiences on the trail that can't be replicated elsewhere.

Physical Considerations

This course is physically and emotionally demanding. Participants must carry all their luggage with them as they trek between 12 and 18 miles each day. We will work with participants in advance of the trip to ensure they are physically prepared for such a challenge. We recommend that students consult with a doctor if they have any concerns about the physically and emotionally demanding nature of this excursion.

Learning Goals

- Global Self Awareness:
 - You will be able to recognize, break down and assess emotional and mental obstacles that interfere with perseverance. Identify changes necessary to overcome emotional and mental obstacles. Implement changes to generate consistent outcomes.
 - You will be able to summarize the ways that human actions along the Camino de Santiago have impacted the environment.

- Perspective Taking
 - You will be able to explain environmental concerns related to the pilgrimage and the infrastructure that supports it.
 - You will be able to compare the consequences of proposed solutions to environmental concerns related to the pilgrimage and infrastructure that supports it.
 - You will be able to recognize the Peninsular Culture and Jacobean Literature.

- Personal and Social Responsibility.
 - You will be able to explain the global implications of solutions for addressing environmental concerns surrounding the Camino de Santiago.

- Applying Knowledge to Contemporary Global Contexts:

- You will be able to practice your Spanish language skills through linguistic immersion. (Different levels of proficiency are expected for those taking the course for Spanish credit and those without prior knowledge of the Spanish language.)
- You will be able to recognize the millenarian culture and history of the Iberian Peninsula and its influence in Hispanic culture.
- You will be able to propose solutions to specific concerns surrounding tourism's impacts on the environment surrounding the Camino de Santiago.

Disability Services Statement

Westminster College seeks to provide equal access in higher education to academically qualified students with physical, learning, and psychiatric disabilities. If you need disability-related accommodations in this class, please contact Karen Hicks, Coordinator of Disability Services, in the START Center (801-832-2280) or email disabilityservices@westminstercollege.edu. If you have emergency medical information you wish to share with me, or need special arrangements in case the building must be evacuated, please inform me immediately in private. Disability Services authorizes disability-related academic accommodations in cooperation with the students themselves and their instructors.

Title IX Statement

The statement, "Title IX of the Education Amendments of 1972 prohibits sex discrimination against any participant in an educational program or activity that receives federal funds. Westminster is committed to providing a safe and non-discriminatory learning, living, and working environment to all members of the Westminster community and does not discriminate on the basis of sex. This includes on the basis of gender, gender identity, gender expression, or sexual orientation. The College's Title IX policy strictly prohibits sexual assault, sexual harassment, gender-based harassment, gender-based discrimination, sexual exploitation, interpersonal violence (dating violence, domestic violence, stalking), and retaliation for making a good faith report of prohibited conduct or participating in any proceeding under the policy. The policy and accompanying procedures are available at www.westminstercollege.edu/titleix and discuss prohibited conduct, resources, reporting, supportive measures, rights, investigations, and sanctions for violations of the policy.

If you want to make a report of prohibited conduct, you may contact Westminster's Title IX Coordinator, Jason Schwartz-Johnson, or report an incident online. Jason can be reached at 801-832-2262, jsj@westminstercollege.edu, or in Malouf 107. You can also reach out to Deputy Coordinators Scott Gust at extension 2449 or Julie Freestone at extension 2573. Please note that to the extent permitted by law, the College aims to protect the privacy of all parties involved in the investigation and resolution of reported violations of the Policy. However, the College has a duty to investigate and take actions in response to reports and cannot guarantee confidentiality or that an investigation will not be pursued. The Counseling Center is a confidential resource, and by law the

counselors who work there cannot reveal confidential information to any third party unless there is an imminent threat of harm to self or others. As an instructor I am a responsible employee and am required to report any information I obtain regarding conduct that may violate the policy to the Title IX Coordinator so that students can receive supportive measures and referrals to resources, they are aware of their options, and the safety of the campus community can be ensured. If you begin to disclose an incident of prohibited conduct, I may interrupt you because I want to make sure that you have had the opportunity to discuss the incident with confidential resources on and off campus first. If you need supportive measures inside or outside the classroom because of an incident of prohibited conduct, please reach out to the Title IX Coordinator for assistance.”

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Title VI Statement

The statement, “Title VI of the Civil Rights Act of 1964 prohibits discrimination based on race, color, or national origin in any program or activity receiving federal financial assistance. In addition to these, Westminster policy prohibits discrimination or harassment based on ethnicity, age, religion, veteran status, or genetic information in any of its programs or activities. If you encounter this type of discrimination or harassment, or feel that you have been retaliated against for reporting prohibited conduct or participating in any related proceeding, you can contact the Equal Opportunity Officer, Jason Schwartz-Johnson, at extension 2262. You can also reach out to Scott Gust, Equal Opportunity Consultant, at extension 2449 or Julie Freestone, Equal Opportunity Administrator, at extension 2573. The equal opportunity policy and procedures can be accessed from the Student Life webpage. **As an instructor, just as with Title IX, I am a responsible employee and am required to report any information I obtain regarding discrimination or harassment to the Equal Opportunity Officer for further review.”**

Required Readings (Before travel)

Readings must be completed before the first day of travel, unless stated otherwise. You should read closely and be prepared to answer in-class questions, compose short essays, and apply ideas from the readings as you experience on the Camino. Many of the readings are available in digital format. Having access to the readings – even those completed before travel begins – will make completing activities in Spain easier.

Readings

- *I'm Off Then* by Hape Kerkeling. The Electronic Book Company. Amazon Digital Services, Inc. Available on Kindle and smartphones. (Book is required during trip.). Novel available in Spanish [*Buena me Largo*]and English
- The Codex Calixtinus (introduction and book five): The Pilgrim's guide, translation by Denis Murphy
 - [Introduction](#)
 - Book five. In [English](#). In [Spanish](#).
- Anonymous. Poem of the Cid (Cantar del Mio Cid) (medieval Castilian epic). In English.
 - In [English](#): The Conquerors: El Cid (History Documentary)
 - In [Spanish](#): EL CID CAMPEADOR. (Documental Histórico)
- Digital Storytelling Information chapter. The text for this chapter is also included in your travel notebook. You will need it during the trip. (Posted on Canvas)
- Johnson, Kevin D., 2013, "Entrepreneur Mind: 100 Essential Beliefs, Characteristics, and Habits of Elite Entrepreneurs"
- Moor, Robert, 2016. *On Trails: An Exploration*, Simon & Schuster. Available on any device.
- Minderaug, Raphael, "[Lifting the Soul, and the Spanish Economy, Too](#)," The New York Times, August 31, 2014. A4.

Films

- *The Way*. A 2010 American [drama film](#) directed, produced and written by [Emilio Estevez](#), starring [Martin Sheen](#), [Deborah Kara Unger](#), [James Nesbitt](#), [Yorick van Wageningen](#), and [Renée Estevez](#). PG-13. Available on NetFlix and in the library.
- *Walking the Camino: Six Ways to Santiago*. 2013. Directed by Lydia Smith. A profile of six pilgrims taking the Camino De Santiago pilgrimage. Available from the campus library.



Readings for honors students

- *Slow Camino: My Adventure on the Camino de Santiago* by Terence Callery [Book required]
- Bennett, Bill, *The Way, My Way: A camino memoir*. Middletown 2015. (Book not Required, but recommended)

Assignments

- **Daily Journal.** It is expected that you are self-reflective and record your feelings and thoughts about what you observe for these interdisciplinary classes. Specific content is required for the business, communication, environmental studies, and Spanish component of this class. You should write in your travel journal every night. It will include the following:
 - You will share *experiences and stories* about the Camino each night. These stories must include your own experiences and the experiences of other pilgrims you encounter in the Camino.
 - You will complete six interviews. You are expected to speak with people along the trail who are not part of our group. While most of what you experience should be recorded, at least six of these conversations need to be summarized and highlighted in your journal. Students with advanced levels of Spanish should report these assignments in Spanish.
 - On many days you will be presented with questions and other writing prompts that ask you draw on your experiences along the Camino, lectures from the professors, and readings. These prompts will allow you to reflect on different aspects of the course, including issues related to pilgrimage, the environment, entrepreneurship, communication, and language. These writing prompts focus on key learning outcomes of this course, including questions tied to the following learning outcomes:
 - Global Self Awareness: Analyze ways that human actions influence the natural and human world.
 - Perspective Taking. Identify and explain multiple perspectives (such as cultural, disciplinary, and ethical) when exploring subjects within natural and human systems.
 - Personal and Social Responsibility. Explain the ethical, social, and environmental consequences of local and national decisions on global systems.
 - Applying Knowledge to Contemporary Global Contexts: Formulates practical yet elementary solutions to global challenges that use at least two disciplinary perspectives (such as cultural, historical, and scientific).

The journal prompt will consist of specific questions that relate to these general areas of engagement. Regardless of the journal prompt, you are encouraged to include any observations or experiences from along the Camino that would demonstrate your understanding of these learning goals.

- **Tour Guide.** Students are expected to become “tour guides” for towns or places along the route focusing on issues related to entrepreneurship, history, geography, environment, communication, culture, or other interests. During our pre-trip sessions, students will read about the towns and places along the route. Each group will have four students and will be expected to use at *least two* primary sources and two secondary sources for this presentation, which should be at least 25 minutes long. These will not be formal presentations and may take place in *albergues*, hostels, tabernas, restaurants, etc.

- **The novel *Jacobus by Matilde Asensi*.** On several occasions during the trek, we will discuss themes and issues brought up in this novel. Everyone is expected to come to these discussions prepared to engage and exchange ideas.
- **Digital Storytelling.** On the final day of our trip, groups will present their digital storytelling final projects. Your assigned group will construct a story with your photos, videos, and narrations from the trip, which should be presented following the rules and design of digital storytelling, including reflections on a particular point of view about prehistory, history, culture, environment, entrepreneurship, or tourism. This should include ideas for future projects using images, video, or sounds which would be useful to establish the story with Spanish language subtitles. (Honors students will work together on a special assignment related to their readings.) You will have an opportunity to work on this while in Santiago de Compostela, which is particularly important for those who are not returning to Westminster College immediately with the rest of the group.

Breakdown for grading

	Points
Participation in discussions, activities, and reading	100
Daily journal	100
Tour guide presentation	100
Digital storytelling project	100
Other Project	
	400

Final grades

93-100 = A	87-89 = B+	77-79 = C+	67-69 = D+	Below 60 = F
90-92 = A-	83-86 = B	73-76 = C	60-66 = D	
	80-82 = B-	70-72 = C-		



Accommodations and a typical day on the trail

Refugio or albergue: The pilgrimage route is supported by the Spanish municipalities to support pilgrims on their journey to Santiago. With that in mind, Spain has set up *refugios* or *albergues* along the route to house pilgrims. In years past pilgrims would stay for free or for a donation. Now there is either a nominal fee or they remain *donativo*. Because we are pilgrims we will be traveling simply, and staying in *refugios* or *albergues* is part of truly experiencing the Camino. Therefore, our accommodations will be in these simple, volunteer-run facilities. You will have a bunk bed with a mattress and pillow, a shower with hot water, a wash basin to do your daily laundry and a roof over your head. In many cases there will be a kitchen to cook in or meals provided on site for a fee. At the private refugios the accommodations may be a little more upscale, with washers and dryers available and cozy *albergues*. Pilgrims usually are not sure where are going to stay because pilgrims cannot make reservations more than a day or two in advance, and there are limits to the numbers of individuals who can stay at each one. And if we can't make our planned distance one day, we may be faced with finding alternate accommodations. However, because the experience in one of your professors it is possible to do exception and find private *albergues* before our arrival to Spain. This is the simple life, one day at a time, no expectations, traveling with an open mind and spirit.

Day 1: We will rise at 6 a.m., make your bed, and enjoy a little of the city or town and our last cup of early morning coffee or chocolate or tee. We will depart with our “credential,” and head out. After the all morning and early afternoon journey and once at the *refugio* or *albergue*, which is very pleasant, we will make our way to the market – a good mile or so in town and pick up provisions for the next day’s travels, including water – keep in mind what you buy is what you carry. All *albergues* require that you are in bed and lights out by 10 p.m. and the pilgrims know it or soon learn.

Day 2 – until the end: You rise at 6 a.m. – lights are permitted to go on –, leave in order the bed, eat breakfast if you desire and prepare for a 7 a.m. departure or earlier if everybody is ready. We will walk, climb, and descend for about 12-18 miles daily, arriving in our next town in time for midday meals. Depending on the time of day, we'll find the *refugio* or *albergue*, stake out a bunk bed, take a shower and do laundry, and while it is drying, look around the town, find the market to buy the next day's provisions, meet and chat with other pilgrims, *hospitaleros* and locals families, relax and enjoy the culture of the new town. Check out whether or not the is a working kitchen with pots, pans, plates, and utensils – if it does and we feel up to it, make a traditional family style Spanish meal, however, if *albergues* have restaurant services by *hospitaleros*, we will have dinner there, help them if is

necessary and students will be ready to present topics assigned for presentations. Also we will be ready for reading, writing in our journals, and sharing pilgrim's stories. This is the way to experience the camino. Enjoy some of the night life as a pilgrim by opening a conversation with other pilgrims, and make sure we are home and in bed by 10 p.m., or we will be locked out of the *albergue*. And it begins the next day with the same routine. Be warned: although the trail is very well marked and has many support facilities for pilgrims, some things are more primitive. For example, there are no porta-potties on the trail. You and nature will be communing, so if this bothers you, you need not apply for a slot. If the trail gets too rugged and we are close to the road, we can certainly follow it to the town. And in fact, there are some places where it makes sense to be on the road rather than the trail to minimize miles on certain days.

Gear requirements for the trip

1. Lightweight, comfortable backpack (w/rain cover or w/plastic bag inside) preferably one that rides high with a waist/chest belt (like an avalanche pack that works well to keep it high and off of the small of the back) with a built-in water bladder and rain guard to keep things dry.
2. Valid passport
3. Comfortable, broken-in hiking boots
4. 2 pair hiking socks
5. 2 or pairs underwear, dark colors. We recommend boxer briefs with the longer, tight fitting legs (they now have a spandex style boxer brief with the longer legs) especially if you lose weight and your pants start rubbing from side to side – chaffing in the leg region is not pleasant. (Women, as odd as it sounds, you may want to use these as well. Bike shorts are not recommended as they are difficult to get up and down on the trail especially when it is raining)
6. 2 outer shirts, 1 or 2 undershirts (SPF/quick dry is best)
7. Lightweight fleece jacket
8. Sleepwear (tank top and shorts are best)
9. Rain/wind jacket with hood
10. Lightweight sleeping bag. The sleeping bag must be lightweight and compact to fit in your pack. The refugios or albergues are cozy and warm so you don't need anything heavy. If it gets cold, blankets and extra bedding may be found. Silk Liner – Weight 4.5 Ounces – Well worth it. Bring a lightweight cover for your pillow, or use your raincoat.
11. Sunscreen, small tube, and lip balm tube
12. Water vessel, at least one quart
13. Quick dry towel
14. Essential medications to last 28 days, and a copy of prescription for emergency
15. Bar/dry soap/shampoo (could buy it in Spain or take some extra when we stay in a few hotels)
16. Journal and pen [professors will provide journals for you]
17. Flashlight
18. Flip flops or other sandal/light shoes for evening. They will need to be sized with the socks you will wear and be broken in prior to the trip – also best to buy them at the end of the day when your feet are a little swollen. A pair of Keene's would be beneficial for a change of shoes at the end of the day, they aren't too heavy and are good for the showers, which are all tiled so you need something to keep you on your feet. There is a new meaning to "slippery" when you're wet in the refugio showers. Also you want to avoid athlete's foot!
19. Money for food [usually for lunches]/personal purchases
20. Personal first aid items, such as moleskin for blisters, bandages, tape, etc.
21. Hygiene supplies. Toothbrush, Hairbrush or comb.
22. Two pair pants (daytime/hikers, evening comfy fleece or yoga-type light knit)


23. 1 or 2 bandanas for multi-use
24. Small package of tissue or toilet paper, with small plastic trash sack

OPTIONAL:

1. Walking poles (must be collapsible to fit in the group's checked bag and in the case airline doesn't allow us to carry on our backpack)
2. Gloves
3. hat/visor
4. Camera
5. Guidebook
6. Extra plastic bags for your own trash and for trail clean-up
7. Small paperback type book, magazine for trains/planes/bus rides
8. Travel sheet (silk sac)

ALL OF THIS, EXCEPT THE POLES MUST FIT INTO THE BACKPACK AND BE WORN/
CARRIED COMFORTABLY DAILY FOR THE DURATION OF THE TRIP! ¡BUEN CAMINO!

Tentative ITINERARY

October 24 [Senior, Junior] October 25 [Sophomores, Freshman]	<ul style="list-style-type: none"> ● Registration: \$300 due, non-refundable
Thursday, November 16 Location: TBD	<ul style="list-style-type: none"> ● Meet for 2 hours meeting at 7 p.m. on campus to discuss information about the trip and course. Please, bring your questions.
February 01	<ul style="list-style-type: none"> ● MTSE cost is due, \$3,398
Saturday, February 17 Location Foster Lounge	<ul style="list-style-type: none"> ● Meet at 9 a.m. on campus to discuss syllabus, readings, assignments and other information about the course. Equipment for pilgrimage will be discussed and a short walk training will be done
Saturday, March 24 Location: Foster Lounge	<ul style="list-style-type: none"> ● Short lecture and Mandatory Training: 9 a.m. - noon
Sunday, April 12 Location: Foster Lounge	<ul style="list-style-type: none"> ● Mandatory Training 9 a.m. - noon
Saturday, April 21 Location: Foster Lounge	<ul style="list-style-type: none"> ● Mandatory Training 9 a.m. - noon ● Please, bring your packs and all your equipment to this training
Friday, May 11 	<p>-Mandatory meeting for</p> <ul style="list-style-type: none"> ● reviewing all equipment and for last advises, questions and answers before departure. ● Lecture

Sunday, May 13	<ul style="list-style-type: none"> ● Depart from SLC at TBD. Please, arrive at the Salt
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Salt Lake International Airport,
Terminal 2

Monday, May 14

Madrid, the capital of Spain

What to see? Puerta del Sol: center and the



commercial heart of the city. Museo del Prado: the best art museum in the country, and one of the best in the World. Museo

Reina Sofía: modern art, which includes Picasso's "Guernica." Park Buen Retiro. Palacio Real de Madrid. Palacio Real de Aranjuez. Puerta de Alcalá. Catedral de la Almudena. Fuente de Cibeles. Pilgrim Museum.

Tuesday, May 15

Madrid to Pamplona/Saint Jane/Roncesvalles

Roncesvalles is famous in history and legend



for the defeat of Charlemagne and the death of Roland in 778, during the battle of Roncevaux Pass, when Charlemagne's rear guard was destroyed by Basque

people

St. Jean Pied de Port The town lies on the river Nive, 8 km (5.0 miles) from the Spanish border. It is essentially one main street with



sandstone walls encircling

Lake International Airport no later than TBD.

Assignment: During our travels from SLC to MAD, please complete your initial journal and writing assignments. (Escribir en tu diario -- Write in your journal)

- Official BUS's Corte Inglés travel agency will take us to a tour city before hotel check-in. (Corte Inglés, grupo Murcia. Mónica Central Comercial Eugenio Ubeda Romero 6 011 34 968 272 390

Email: gruposmurcia@viajeseci.es

- Accommodation: Hotel Mediodía,

Avenida Carlos V, Madrid.

Phone: 011+ (34) 91 527 30 60

E-mail: info@mediodiahotel.com

- Free afternoon and night in Madrid
- You are on your own for dinner (not included)

- Assignments
 - Readings
 - Escribir en tu diario ("write in your journal")

- Breakfast (At the hotel)
- Take the train in Atocha station (AVE train by RENFE, it is a service of high-speed rail in Spain, the Spanish national railway company .Madrid-Pamplona

- From Pamplona, take a bus to Saint Jane de Pied de Port, France






- Accommodations: **Hotel Roncesvalles**





Nuestra Señora de Roncesvalles, 14

Tel +34 948 76 01 05 Fax +34 912 18 56 2

Info@hotelroncesvalles.com

- **Note: free afternoon, lunch is not included in Saint Jane, there are several restaurants with pilgrim's menu. At 6:00 PM take a bus to Roncesvalles to attend the pilgrim's mas, then dinner there**
- Assignments
 - Readings
 - Escribir en tu diario ("write in your journal")

<p>Wednesday, May 16 Roncesvalles-Zubiri</p>  <p>Zubiri At this stage the route runs alongside the river Arda, following it closely from Zubiri until reaching the doors of Pamplona. After the two previous demanding routes, this day is a welcome break and time to enjoy the journey to Santiago</p>	<ul style="list-style-type: none"> • After breakfast at 6:30 a.m., walk to Zubiri 21.9 Km. kilometers • Accommodations: Albergue Zaldiko y albergue Rio Arga Phone: 011-34 609 73 64 20 María y Oscar Address: Puente de la Rabia, 1 31630 Zubiri (Navarra) https://www.alberguezaldiko.com • Assignments <ul style="list-style-type: none"> ○ Presentation #1, PAMPLONA ○ Readings ○ Escribir en tu diario (“write in your journal”) <p>Breakfast and dinner included</p>
<p>Thursday, May 17 Zubiri-Pamplona, Navarra</p>  <p>Pamplona, the city is famous worldwide for the San Fermín festival, from July 6 to 14, in which the running of the bulls is one of the main attractions</p>	<ul style="list-style-type: none"> • After breakfast at 6:30 a.m., walk to Pamplona. 20.9 kilometers • Accommodations: HOTEL <ul style="list-style-type: none"> • Assignments <ul style="list-style-type: none"> ○ Presentation #2: The MONASTERIES and ECONOMIC by Camino Frances ○ Reading ○ Escribir en tu diario <p>Breakfast and dinner included</p> <ul style="list-style-type: none"> • Note: <i>muchilas</i> [backpacks] will be sent by a transportation services this day • Journal to be read by professors
<p>Friday, May 18</p>  <p>Pamplona to Puente La Reina, Navarra Puente la Reina and Estella lies between Pamplona and Estella on the Way of St. James pilgrimage route to Santiago de Compostela. It is an important town as it is the first town after the junction of the French Way</p>  <p>Eunate Chapel near Estella, Navarra is the Romanesque former royal palace</p>	<ul style="list-style-type: none"> • After breakfast take a tour in Pamplona, visit famous Eunate chapel, then bus continue to Puente la Reina and walk to Estella. 21.9 kilometers • Accommodations: HOTEL Avenida Prado De Irache, 7 31240 Ayegui • Assignments <ul style="list-style-type: none"> ○ Escribir en tu diario ○ Gathering pilgrimage community, sharing stories <p>Breakfast and dinner included Professor mini lecture</p>
<p>Saturday, May 19</p>  <p>Estella-Los Arcos Los Arcos is the most important village in an area with 4,500 inhabitants. People</p>	<ul style="list-style-type: none"> • Walk from Estella to Los Arcos, 21.9 km • Accommodation: Albergue • Assignments <ul style="list-style-type: none"> ○ Presentation #3: BURGOS y EL CID CAMPEADOR

<p>work in agriculture, although the services have an important place. It is important for Los Arcos to be placed in the Road to Santiago. In this way it has the special character of the towns that welcome the pilgrims crossing to Compostela.</p>	<ul style="list-style-type: none"> ○ Reading ○ Escribir en tu diario <p>Breakfast and dinner included</p>
<p>Sunday, May 20 Los Arcos-Sansol-Burgos Burgos, Castilla y León is the birthplace of Ruy Díaz de Vivar, “El Cid,” hero of the Reconquista; Cathedral of Santa Maria, Monasterio de las Huelgas Cartuja de Miraflores, Burgos</p>  <p>Cathedral Casa del Cordón</p>	<ul style="list-style-type: none"> ● Walk from Los Arcos short distance to SANSOL at 6:15 am. 6,8 Kilometers, here take ride bus to Burgos <p>Tour: Burgos Cathedral</p> <ul style="list-style-type: none"> ● Accommodations: HOTEL NORTE y LONDRES Plaza Alonso Martínez, 10 – Burgos Phone: 947 264 125 ● Assignments <ul style="list-style-type: none"> ○ Reading ○ Escribir en tu diario <p>Breakfast and Dinner included</p>
<p>Monday, May 21 Burgos-Castrojeriz-Boadilla del Camino, Palencia Boadilla del Camino is a municipality located in the province of Palencia, Castile and León, Spain. According to the 2010 census (INE), the municipality has a population of 166 inhabitants</p> 	<ul style="list-style-type: none"> ● After breakfast at 6:45 AM take a bus ride to Castrojeriz then walk to Boadilla del Camino, 20 kilometers ● Accommodations Albergue EL CAMINO Phone:011-34 979 810 284 boadillaman@hotmail.com <p>Eduardo Medino</p> <ul style="list-style-type: none"> ● Assignments <ul style="list-style-type: none"> ○ Gathering pilgrimage community, sharing stories ○ Reading and Escribir en tu diario <p>Breakfast and dinner included</p>
<p>Tuesday, May 22 Boadilla del Camino-León-Astorga-Murias de Rechivaldo León. This is a major city with many historical monuments, striking architecture, and religious relics. León is the repository of the illuminated Codex Legionensis Bible, finished in 960 with marginal notes in Arabic script, a reminder of often peaceful and beneficial relations.</p>  <p>Murias de Rechivaldo: The Maragatos from a small ethnic and cultural community with distinctive customs and architecture. The</p> 	<ul style="list-style-type: none"> ● Bus ride and walk 4 km to Murias de Rechivaldo. ● After breakfast take a bus to León at 7:30 AM, stop here to visit historical monuments then take a taxi ride by your own or walk to Murias de Rechivaldo <ul style="list-style-type: none"> ● Gathering pilgrimage community, sharing stories ● Assignments <ul style="list-style-type: none"> ○ Presentation #4, CRUZ DE FERRO and ECO SYMBOLS by THE CAMINO ○ Reading ○ Escribir en tu diario <p>Breakfast and dinner included, lunch by your own in León</p>

Maragato, a group of 4,000, who are believed to be the last Moorish people in Spain. The Maragato houses, called “ant houses,” were built on what were originally Roman ruins. They were structured to fit their trading activity. The typical Maragato house has a large door-like gate that opens unto a central patio where the carriages and carts could be parked.

Wednesday, May 23

Murias-Rabanal del Camino



This is a small mountain village situated between the regions La Maragateria y El Bierzo, in the northwest of Spain, where the Temple

Riders protected the pilgrims on their Way to St James.

- Walk from Murias to Rabanal del Camino **18.2 Kilometers**
- Gathering pilgrimage community, sharing stories
- Accommodation: Albergu
- Assignments
 - Attend a mass in Latin at 7 pm in the church of Santa Maria, XII century Romanesque style
 - Reading
 - Escribir en tu diario

Breakfast and dinner included

Thursday, May 24

Rabanal del Camino-Cruz de Ferro-El Acebo Cruz de Ferro



One of the most compelling stops on the Camino de Santiago is the Cruz de Ferro (Iron Cross). Travelers typically carry a stone

or pebble from home on their journey. Upon arriving at the Cruz, you see a mound of pebbles with a large thin monument topped by a cross. The mound is made of all the pebbles and stones left behind by the thousands of travelers from all over the world through the ages. Pilgrims can climb onto the mound and many travelers find the sight an important milestone indicating that they are within days of the Compostela de Santiago

- Walk from Rabanal del Camino, stop in Cruz de Ferro for group photo in this humble monument, then continue to El Acebo. **17 kilometers**
- Acomodación: ALBERGUE
- Assignments
 - Reading
 - Escribir en tu diario

Breakfast and dinner included

Professor will read journals

Friday, May 25

El Acebo-Ponferrada, Galicia

Ponferrada Main entrance of the Templar



Castle. The city is noted for the *Castillo de los Templarios*, a castle of the Knights Templar. In 1178,

Fernando II of Spain donated the city to the Templar order for protecting the pilgrims on the Camino de Santiago de Compostela.

- After breakfast Walk from El Acebo.to Ponferrada **18,5 kilometers**
- Accommodations: HOTEL EL CASTILLO Av. el Castillo, 115 Ponferrada – León Phone: 987 456 227
- Assignments
 - **Presentation #5: TEMPLAR TEMPLE** at 6 p.m. by the temple
 - Escribir en tu diario
 - Professors will read journals
 - Reading
 - Escribir en tu diario

Breakfast included. Free night. There are several restaurants with pilgrim's menu (Dinner not included)

Saturday, May 26

Ponferrada-Faba-Cebreiro-Fonfria, Galicia



Cebreiro,

Galicia is a stark mountaintop hamlet built around a 9th-century church. Known for its round,

thatched-roof stone huts called pallozas, the village has been perfectly preserved and is now an open-air museum showing what life was like in these mountains in the Middle Ages. This is the historic district declared a Historic-Artistic Monument, the pre-Romanic church and the Celtic huts of O'Cebeiro, and particularly the old Roman gold mines of Las Medulas which is a spot declared a Heritage of Mankind

- After breakfast, we take a ride, then Walk from Cebreiro or La Faba to Fronfria, **16 Km or 21 Km**

Here we approach the highest place of the Camino and the most important historical and cultural town of CEBREIRO. We have 2 options: **a]** take a ride until LA FABA, 20 minutes, then walk to CEBREIRO, stop for photo group, lunch, tour by this Medieval town AND continue walking until FONFRIA **b]** take a ride until CEBREIRO, stop for the photo group and lunch. Finally walk together until FONFRIA,





- Accommodations: ALBERGUE LA REBOLEIRA C/ Camino de Santiago, 15 Phone: 011+ (34) 982 181 271 or 659 061 196 alberguefonfria@yahoo.es
- Assignments
 - Reading
 - Escribir en tu diario
 - Professors will read journal
- Gathering pilgrimage community, sharing stories. The albergue hospitaleros are in charge of this activity

Sunday, May 27

Fonfria-Sanxil-Sarria-Barbadelo, Galicia



- In FONFRIA we take a taxi service to SANXIL, from here we walk to BARBADELO **20 Km**
- Accommodation: ALBERGUE CASA BARBADELO Km 108. Vilei [Barbadelo] info@barbadelo.com Phone: 011+ (34) 982 531 934
- Assignments
 - Reading

	<ul style="list-style-type: none"> ○ Escribir en tu diario <p>Breakfast and dinner included. Professors mini lecture</p>
<p>Monday, May 28 Barbadelo-Portomarin</p>  <p>Portomarin, Galicia. By the time, you get here, you really know that you are on the Route Commercial.</p>	<ul style="list-style-type: none"> ● . After breakfast Walk from Barbadelo to Portomarin 19.1 Km ● Accommodations: ALBERGUE EI MIRADOR C/ Peregrino, 27 Phone: 011+ (34) 982 545 323 rubensoengasla@yahoo.es ● Assignments <ul style="list-style-type: none"> ○ Gathering pilgrimage community, sharing stories ○ Reading ○ Escribir en tu diario <p>Breakfast and dinner included</p>
<p>Tuesday, May 29 Porto marin-Airexe</p> 	<ul style="list-style-type: none"> ▪ After breakfast Walk from Porto Marin to Airexe 20.2 km ▪ Accommodations: ALBERGUE ▪ Assignments <ul style="list-style-type: none"> ○ Gathering pilgrimage community, sharing stories ○ Reading ○ Escribir en tu diario ▪ Breakfast and dinner included
<p>Wednesday, May 30 Airexe-Melide</p>  <p>Melide, located in the region of Galicia in northwest Spain is the only town where two Camino routes meet. The Camino Primitivo (Original Way) stops in Melide and the Camino Frances (French Way)</p>	<ul style="list-style-type: none"> ○ After breakfast Walk from Airexe to Melide 21 km ▪ Accommodations: ALBERGUE ● Assignments <ul style="list-style-type: none"> ○ Presentation# 6: THE AGRICULTURAL PRODUCTION [Fish/Wine etc] ○ Reading ○ Escribir en tu diario <p>Breakfast and dinner included</p>
<p>Thursday, May 31 Melide-Arzua.</p> <p>Arzua, Galicia: Here, Galician landscapes are rolling, green, forested, and largely rural</p> 	<ul style="list-style-type: none"> ● Walk from Melide to Arzua 15 kilometers ● Accommodations: ALBERGUE ALBERGUE RUA C/Lugo 130, Arzua Phone: 011+ (34) 981 5001 39 pensionrua@hotmail.com ● Assignments <ul style="list-style-type: none"> ○ Gathering pilgrimage community, sharing stories ○ Reading ○ Escribir en tu diario <p>Breakfast and dinne included</p>

Friday, June 1

ARZU-/PEDROUZO

The hostel where we stay is after the gas station, at the beginning of the town.



- Walk from Arzua to Pedrouzo **17.2,kilometers**
- Accommodations: Hostal and Albergue PENSION CAFETERIA COMPAS & ALBERGUE EDREIRA (300 metros from Cafeteria Compas) Phone: 011+ (34) 981 51 13 09 pensioncompas@hotmail.com Guillermo y Carmen
- Assignments
- **Presentation #7: SANTIAGO de COMPOSTELA**

Gathering pilgrimage community, sharing stories stories and What we expect for the final day of our Camino, what will happen when we will arrive to Santiago

- Escribir en tu diario
- Professor lecture: the BOOK analysis

Saturday, June 2

Arca Pedrouzo-SANTIAGO de COMPOSTELA!



The Old Town of Santiago is one of the world's most beautiful urban areas. The oldest monuments

are grouped around the tomb of St. James and the cathedral, which contains the remarkable Pórtico de la Gloria

- At 5:30 a.m, walk from Arca Pedrouzo to Santiago de Compostela! **20.1 kilometers**
- In Monte de Gozo around 11 AM, stop to take a group photo, then continuing **together** to walk the last 5 kilometers to Santiago historical plaza
- Arriving in Santiago de Compostela: we must stop at the Plaza Obradeiro. Experience your feeling, embrace the Señor de Santiago in the Cathedral, admire el Portico de la Gloria at the west side of the Cathedral, then attend the Mass [it could on Sunday if there is not a votafumairos service]. [It is mandatory because the historical and cultural context], then we must walk together to the office and ask for the Compostela.
- Dinner at night
- Accommodations: HOTEL
- Breakfast and dinner included

Sunday, June 3

Santiago de Compostela



- Free morning
- At noon attend an event
- STUDY AFTERNOON to design your final story telling
- Free night. There are several restaurants where you could find a good pilgrim menu. Shopping is another option
- Breakfast included.

Monday, June 4

Finesterra

This Camino route pre-dates Christianity, as pagans would head to Fisterra on the Costa da Morte (Coast of Death) where they believed the sun died and the worlds of the dead and the living became closer. Prayers would be said and offerings would be made to please the gods. Fisterra is also believed to be the place of Ara Solis, a magical place and altar dedicated to the dying sun. The Finisterre Way can be continued along the rugged coast to the sanctuary of A Virxe da Barca in Muxía, a traditional pilgrimage destination in a stunning location by the Atlantic Ocean.



- After breakfast, take a BUS to Fisterra (Corte Inglés travel agency will take us to our destination). Mini lecture and important mercantile tour by fisher beautiful town and beaches by the Atlantic Cost
- Accommodations: HOTEL in Finesterra
- Assignments
 - Reading
 - Escribir en tu diario

Breakfast and lunch included

Free night. There are restaurants with pilgrim’s menu
Professor will read journals

Tuesday, June 5

A Coruña

Today’s La Coruña is largely a creation of the 19th and 20th centuries, but it makes up for the paucity of historic monuments with a thriving and sophisticated cultural and nightlife scene and a superb maritime location



- After breakfast at 8 AM, then we take a bus to A Coruña beach.
- Enjoy the day by the beach and the town. At noon a pizza lunch by the beach. At 6 PM we will meet at the central point to take the tren HOTEL to Madrid
 - Study the final project with your groups
 - Professors will read journals, which must include answers about book analysis

Breakfast and dinner included

Wednesday, June 6 Madrid



What to see? Puerta del Sol: center and the commercial heart of the city. Museo del Prado: the best art museum in the country, and one of the best in the World. Museo Reina Sofía: modern art, which includes Picasso’s “Guernica.” Park Buen Retiro. Palacio Real de Madrid. Palacio Real de Aranjuez. Puerta de Alcalá. Catedral de la Almudena. Fuente de Cibeles

- free day to visit famous museums
 - Flamenco night!
- Breakfast and dinner included.

Thursday, June 7

Toledo



- After breakfast take a bus to Toledo
- Tour in the city of the 3 cultures [Christian, Jews and Muslim]
 - Lecture
- Dinner farewell in Madrid

-Accommodations: HOTEL in Madrid

Breakfast, Lunch and dinner included

Friday, June 8

Return flight to SLC

Saturday, June 9 and 10

Post story telling in You tube